

WELLINGTON MANOR ASSISTED LIVING

December 2022



Thursday, December 1

9:00 – Morning Inspiration
9:30-Morning Walk
10:00-Shoulder Massages with
Jessie from Mineral Day Spa
11:00-Penny Auction with
Allison
1:00-Christmas Trivia
2:00 Craft with Cindy
(Christmas Wreath)

Friday, December 2

9:00 – Morning Inspiration
9:30-Step it Up Program with
Angie at Center Well
10:00- Devotion with Kathy
(Bible Stories)
1:00 - Penny Auction
2:00- Word Game

Saturday, December 3

9:30 – Morning Walk
10:00- Craft
11:00- Church service (TV
Room)
2:00- Raymond Akers musician
3:30- Bowling

Sunday, December 4

9:30 – Morning Inspiration
9:40-Morning Exercise
10:30- West End Service
2:00-Where are they now?

Monday, December 5

9:30 – Morning Inspiration
9:40-Morning Walk
11:00-Humor/jokes
1:00-Craft with Cindy
2:00-Music

Tuesday, December 6

10:00 – Morning Inspiration
10:30-Devotion
1:00-Christmas Bingo
2:00- Social hour

Wednesday, December 7

10:00 – Morning Inspiration
11:00-Name that sound
1:00-PennyAuction
4:00- Smokey Mountain
Elementary Children
Caroling

Thursday, December 8

10:00 – Exercise
10:30- Devotions with Dan Hill
11:00- Family Feud
1:30-Bowling

Friday, December 9

10:00 – Morning Inspiration
with Kathy
10:30- Paint Class with Rick
1:30- Bingo with Michelle
2:00-Social Hour

Saturday, December 10

9:30 – Morning Inspiration
9:40-Morning Walk
2:00- Mike Sutherland Service
3:00- Movie and popcorn

Sunday, December 11

9:30 – Morning Inspiration
9:40-Exercise
10:00-Social Hour
1:00- Craft

Monday, December 12

10:00 – Morning Inspiration
10:40-Morning Walk
11:00-Christmas Magic Show
1:00-Discover Jamaica
2:00-Word Game

Tuesday December 13

10:00 – Morning Inspiration
10:40-Chair exercise
11:00- Corn Hole Game
1:30- Resident Council
2:00-Craft with Cindy (Manger
Scene)

Wednesday,

December 14

10:00- Devotion
10:30- Walking the Halls with
Music
11:00-How Much Was It? Game
1:00- Craft
2:30- Banjo Man Performance

Thursday,

December 15

9:30 – Morning Inspiration
9:40-Morning fitness
10:00- Massage with Jessie
10:00- Manicures
1:00- Festive Fiesta
2:00- Family Feud

Friday, December 16

10:00- Devotion with Kathy
11:30- Music with Jesse
1:00- Santa's Workshop
(Shopping/Gift wrapping)
2:00- Social Hour with Hot
Cocoa, Cookies and Candy
Canes

Saturday, December 17

9:30 – Morning Inspiration
9:40-Morning Walk
11:00- Christmas Trivia
1:00- Christmas Movie
2:00 Resident's Choice

Sunday, December 18

9:30 – Morning Inspiration
9:40-Chair exercise
11:00- Game Hour
1:00- Craft

Monday, December 19

9:30 – Morning Inspiration
9:40-Morning walk
10:30- Curt Mathson Music
1:00- Caroling in the Library
2:00- Bowling

Tuesday, December 20

10:00- Devotions
10:30- Bingo with Debbie
1:00- Word Games
2:00- Family Christmas Day
2:30- Ring Toss

Wednesday,

December 21

9:30 – Morning Inspiration
9:40-Morning Walk
11:00- Penny Auction
1:00- Craft
2:00-Golf in the Hall
6:00- Puzzles and games

Thursday,

December 22

9:30 – Morning Inspiration
10:00- Walking in the Halls
with Music
10:30- Devotions with Dan
11:00-Social Hour (Christmas's
of the Past)
1:00-Word Games
2:00-Craft

Friday, December 23

10:00- Devotion with Kathy
11:00- Craft with Cindy
1:00-Jokes and Fun Facts
2:00-The Story of Christmas

Saturday, December 24

10:00- Christmas Movie and
Pajamas
11:00- Caroling around the Tree
2:00- Mike Sutherland Service

Sunday, December 25

10:00-Church Service
11:00- Resident Christmas
Gathering
2:00- Church Caroling

Monday, December 26

9:30 – Morning Inspiration
9:40-Morning Walk
10:30-Manicures
1:00-Funnel Ball
2:00- Penny Auction

Tuesday, December 27

10:00- Devotions
10:30-Yoga
11:00-Bingo
1:00-Storyteller
2:00- Price is Right

Wednesday, December 28

9:30 – Morning Inspiration
9:40-Morning Walk
10:30- Ladies Circle
2:00- Penny Auction w/Judy
3:30- Family feud

Thursday, December 29

10:00- Devotions
10:30-Tai Chi
11:00- Community Outreach
Meeting
1:00- Craft
2:00-Ring Toss

Friday, December 30

10:00 – Morning Inspiration
10:40-Morning Walk
11:00- Cards with friends
(Sunroom)
1:00- New Year's Celebrations
Around the World
2:00- Bean bag toss

Saturday, December 31

10:00- Morning Inspiration
11:00- Yoga and Chair Exercises
1:00- Get Ready for the New
Year Social Hour
2:00- Step Up On It Jamaica
Walk
3:00- Goals for the New Year

