WELLINGTON ANOR ASSISTED LIVING

March 2023

March 1, 2023

10:00- Morning Devotion10:30- Line Dancing11:00- Word Puzzles andGames 1:30- Chair Yoga

March 2, 2023

10:00- Morning Devotion 10:30- Walk the Halls 1:00- Trivia and Checkers

March 3, 2023

10:00- Devotion with Kathy 11:00- Craft with Cindy 1:00- Country Drive

March 4, 2023

10:00-Morning Devotion 1:00- Movie Afternoon 2:00- Walk the Halls

March 5, 2023

10:00- Inspirational Music and Praise 1:00- Making Cards
2:00- Valentines Family Worship Music

March 6, 2023

10:00-Devotion
11:00- Stretching and Yoga
1:00- St Patty's Craft
2:00- Make Taco Boats

March 7, 2023

10:00-Devotion 10:30-Exercise 1:00- Penny auction 2:00- Piano with Rick

March 8, 2023

10:00- Devotion with Dan 11:00- Craft in Sunroom 1:00- UT Indoor Garden Workshop

March 9, 2023

10:00- Devotion 11:00- Chai Ti 1:00-Family Feud and Crossword 2:00- Bingo with Judy

March 10, 2023

10:00- Devotion with Kathy 10:30- Stretching Exercise 1:00- Walking to Israel Tally 3:00- Billie Lafollette Music

March 11, 2023

10:00- Devotion with Mike 11:00- Trivia 1:00- Social Hour

March 12, 2023

10:00- Walk the Halls 1:00- Movie in the TV Room

6:00- Southside Baptist

March 13, 2023

10:00- Morning Devotion11:00-Craft with Cindy1:00- Virtual Israel tour, photos, discussion2:00- Stretching Yoga

March 14, 2023

10:00- Devotion10:30- Walk the Halls1:00- The Browns Performance2:00- Games in the Sun room

March 15, 2023

10:00- Devotion 10:30- Music in Halls 11:00- Animal Visit 1:00- Making Friendship Tea

March 16, 2023

10:00- Devotion 10:30- Trip to McDonalds 2:00- Bingo with Judy

March 17, 2023

10:00- Devotions with Kathy 10:30- St Patty's Celebrations in Ireland 1:00- St Patty's Party

March 18, 2023

10:00- Devotion 11:00-Trivia 1:00- Puzzles and Games

March 19, 2023

10:00- Devotion 11:00- Cards in the Sun room 1:00- Stories of Easter

March 20, 2023

10:00- Devotion 10:30- Walk the Halls with Music 11:00-Make a dessert 1:00- Penny Auction

March 21, 2023

10:00-Devotion 10:30- Chair Yoga 11:00- Perk Discussion 1:00- Painting

March 22, 2023

10:00- Devotion 10:30- Bingo 1:00- UT Container Gardening Class

March 23, 2023

10:00- Devotion 10:30- Morning Country Drive 1:00-Penny Auction

March 24, 2023

10:00- Devotion with Kathy 10:30- Chair Exercises 11:00- Games 1:00- Walking to Israel

March 25, 2023

10:00- Devotion with Mike Sutherland 1:00- Trivia and Name that Sound 3:00- Social Hour

March 26, 2023

10:00- Devotion 11:00- Study of Passover 1:00- Cards and Puzzles

March 27, 2023

10:00- Devotion 10:30- Matching 11:00- Name that Tune 1:00- Craft in Sun room

March 28, 2023

10:00-Morning Praise Music
10:30- Old Pictures and Memories
11:00- Craft with Cindy
1:00- Different Types of Music in History



10:00- Devotion 10:30- Chair Yoga 11:00- News Updates 1 :00- Outreach to Community Project

March 30, 2023

10:00- Devotion
10:30- Walk the Halls with Music
11:00- Comedy Hour
1:00- Discussion on 1950's
2:00- Letters to family

March 31, 2023

10:00- Devotion with Kathy 10:30- Price is Right 1:00- Walking to Israel Party



Wellington Manor Assisted Living

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