

WELLINGTON MANOR

October 2023



Sunday, October 1

10:00-Devotion
10:30- Games and Music
1:00-Penny Auction
2:00- Coloring Craft

Monday, October 2

11:00- Morning Devotion
11:30-Chair Yoga
1:00-Word Games
2:00-Walk Halls to Music
3:00- Craft with Melody

Tuesday, October 3

10:30- Walk the Halls
10:45- Devotion
11:00-Games and Music
1:00- Bingo with Karen
2:30- Performance with Steve Carr

Wednesday, October 4

10:30- Walk Around the Park
11:30- Music and Games
1:00- Discussion of Trick or Treats of the Past
2:00- Craft

Thursday, October 5

10:30-Walk the Halls with Music
11:00-Devotion
1:00- Make a recipe
2:00- Social Hour outside

Friday, October 6

11:00-Devotion
11:15- Games and Music
1:00-Tea Party and Platter
2:00- Price is Right

Saturday, October 7

11:00-Devotion
11:30- Name that Tune
1:00- Garden Club Meeting
2:00- Discussion on Back to Schools of the Past

Sunday, October 8

10:00- Devotion
10:30- Stretching and chair exercises
1:00-Craft Day
3:00-Movie Hour

Monday, October 9

10:30- Devotion
11:30-Trivia & Exercise
1:00- Bingo
2:30-Balloon Toss

Tuesday, October 10

10:00- Morning Yoga
11:00- Morning Inspiration
11:15-Music and Games
1:00- Balloon Pets
2:00- Church visit

Tuesday, October 11

10:00-Devotion
10:30- Outdoor walk
1:00- Family Tea Time/ Music
2:00- Movie Hour

Thursday, October 12

10:00- Devotion
11:00- Craft
1:00- Decorate and plant mums
1:30-Penny Auction

Friday, October 13

11:00-Devotion
11:30-Games
1:00- Trip to Store

Saturday, October 14

11:00- Devotions with Mike Sutherland
11:30-Raffle at Lunch
2:00- Paul Indelcato
3:00- walk the halls

Sunday, October 15

11:00-Devotion
11:30-Yoga and Stretching
1:00- Make Fall Drinks
2:00-Name that Tune

Monday, October 16

11:00- Morning Devotion
11:30- Trivia & Price is Right
1:00-Croquet in Hall
3:00-Gospel Singing

Tuesday, October 17

11:00- Devotion & Exercise Hour
11:30- Family Feud
1:00- Book Share
2:00- Patio & Gardening

Wednesday, October 18

10:00- Devotion
11:30- Drop Prize Game
1:00- Outing to Store
3:00- Bingo

Thursday, October 19

11:00-Devotion
11:30-Price is Right
1:00- Pirate Craft
2:00-Social Hour

Friday, October 20

11:00- Devotion Outside in Garden
1:00- Current Events on IN2L
2:00- Bingo

Saturday, October 21

10:00- Devotion
11:00- Game Hour and Exercise
1:00-Virtual Tour of Greece
2:00- Ping Pong outdoors

Sunday, October 22

10:00-Devotion
11:00- Name that Tune
1:00- Puzzles and Checkers
2:00- Bowling in the Hall

Monday, October 23

10:00- Devotion
11:00- Crossword Games
1:00- Gospel Singing
2:00- Bowling

Tuesday, October 24

10:00- Morning Devotion
11:00- Exercise
1:00- Which Doesn't Belong Trivia
2:00- Movie in the TV Room

Wednesday, October 25

10:00- Devotion
11:00- Yoga with Gem
1:00- Exercise and Food Class with Cocke County Extension
2:00- Singing & Games
3:00- Trivia

Thursday, October 26

10:00- Devotion
11:00-Chair and Drum Exercises
1:00- Drive to Store
3:00- Music and Games

Thursday, October 27

11:00- Walking the Halls with Music
11:30- Devotion
1:00- Trivia & Family Feud
2:00- Craft with Cindy

Saturday, October 28

10:00- Devotion
11:00- Social Hour
1:00- Manicures
2:00-Book Reading

Sunday, October 29

10:00- Devotion
11:00- Walk the Halls
1:00- Trivia
2:00- Sanford and Son Hour

Monday, October 30

10:00- Crossword Game
10:30- Puzzles and Coloring
11:00- Devotion & Exercise
1:00- Classic Movie
2:00- Virtual Tour of Disney World

Tuesday, October 31

10:30-Costume Parade
11:00-Devotion
11:15-Music and Games
1:30-Candy Game
2:30- Mix a Fall Drink

