# WELLINGTON

# October 2023

#### Sunday, October 1

10:00-Devotion 10:30- Games and Music 1:00-Penny Auction 2:00- Coloring Craft

#### **Monday, October 2**

11:00- Morning Devotion 11:30-Chair Yoga 1:00-Word Games 2:00-Walk Halls to Music 3:00- Craft with Melody

# **Tuesday, October 3**

10:30- Walk the Halls 10:45- Devotion 11:00-Games and Music 1:00- Bingo with Karen 2:30- Performance with Steve Carr

# Wednesday, October 4

10:30- Walk Around the Park 11:30- Music and Games 1:00- Discussion of Trick or Treats of the Past 2:00- Craft

# **Thursday, October 5**

10:30-Walk the Halls with Music 11:00-Devotion 1:00- Make a recipe 2:00- Social Hour outside

# Friday, October 6

11:00-Devotion 11:15- Games and Music 1:00-Tea Party and Platter 2:00- Price is Right

# **Saturday, October 7**

11:00-Devotion 11:30- Name that Tune 1:00- Garden Club Meeting 2:00- Discussion on Back to Schools of the Past

# Sunday, October 8

10:00- Devotion 10:30- Stretching and chair exercises 1:00-Craft Day 3:00-Movie Hour

# **Monday, October 9**

10:30- Devotion 11:30-Trivia & Exercise 1:00- Bingo 2:30-Balloon Toss

# **Tuesday, October 10**

10:00- Morning Yoga 11:00- Morning Inspiration 11:15-Music and Games 1:00- Balloon Pets 2:00- Church visit

# **Tuesday, October 11**

10:00-Devotion 10:30- Outdoor walk 1:00- Family Tea Time/ Music 2:00- Movie Hour

# Thursday, October 12

10:00- Devotion 11:00- Craft 1:00- Decorate and plant mums 1:30-Penny Auction

# Friday, October 13

11:00-Devotion 11:30-Games 1:00- Trip to Store

#### Saturday, October 14

11:00- Devotions with Mike Sutherland 11:30-Raffle at Lunch 2:00- Paul Indelcato 3:00- walk the halls

# Sunday, October 15

11:00-Devotion 11:30-Yoga and Stretching 1:00- Make Fall Drinks 2:00-Name that Tune

# Monday, October 16

11:00- Morning Devotion 11:30- Trivia & Price is Right 1:00-Croquet in Hall 3:00-Gospel Singing

# **Tuesday, October 17**

11:00- Devotion & Exercise Hour 11:30- Family Feud 1:00- Book Share 2:00- Patio & Gardening

# Wednesday, October 18

10:00- Devotion 11:30- Drop Prize Game 1:00- Outing to Store 3:00- Bingo

# **Thursday, October 19**

11:00-Devotion 11:30-Price is Right 1:00- Pirate Craft 2:00-Social Hour

#### Friday, October 20

11:00- Devotion Outside in Garden 1:00- Current Events on IN2L 2:00- Bingo

# Saturday, October 21

10:00- Devotion 11:00- Game Hour and Exercise 1:00-Virtual Tour of Greeece 2:00- Ping Pong outdoors

#### Sunday, October 22

10:00-Devotion 11:00- Name that Tune 1:00- Puzzles and Checkers 2:00- Bowling in the Hall

#### **Monday, October 23**

10:00- Devotion 11:00- Crossword Games 1:00- Gospel Singing 2:00-Bowling

#### **Tuesday, October 24**

10:00- Morning Devotion 11:00- Exercise 1:00- Which Doesn't **Belong** Trivia 2:00- Movie in the TV Room

#### Wednesday, October 25

10:00- Devotion 11:00- Yoga with Gem 1:00- Exercise and Food Class with Cocke **County Extension** 2:00- Singing & Games 3:00- Trivia

# **Thursday, October 26**

10:00- Devotion 11:00-Chair and Drum Exercises 1:00- Drive to Store 3:00- Music and Games

# **Thursday, October 27**

11:00- Walking the Halls with Music 11:30- Devotion 1:00- Trivia & Family Feud 2:00- Craft with Cindy

#### Saturday, October 28

10:00- Devotion 11:00- Social Hour 1:00- Manicures 2:00-Book Reading

#### Sunday, October 29

10:00- Devotion 11:00- Walk the Halls 1:00- Trivia 2:00- Sanford and Son Hour

#### Monday, October 30

10:00- Crossword Game 10:30- Puzzles and Coloring 11:00- Devotion & Exercise 1:00- Classic Movie 2:00- Virtual Tour of Disney World

# **Tuesday, October 31**

10:30-Costume Parade 11:00-Devotion 11:15-Music and Games 1:30-Candy Game 2:30- Mix a Fall Drink

