

# WELLINGTON MANOR

## December 2023



### Friday, December 1

9:00- Hot Chocolate Stand for  
Isaiah 117 House  
10:00-Devotion  
10:30- Music and Devotion  
1:00- Holiday Craft

### Saturday, December 2

11:00- Morning Devotion  
11:30-Chair Yoga  
1:00-Word Games  
2:00-Walk Halls to Music  
3:00- Craft with Melody

### Sunday, November 3

10:30- Walk the Halls  
10:45- Devotion  
11:00-Games and Music  
1:00- Bingo  
2:30- Name that Tune

### Monday, December 4

10:30- Devotion and Exercise  
11:30- Music and Games  
1:00- Nutrition Class  
with Cocke County UT  
Extension Office  
2:00- Craft

### Tuesday, December 5

10:30-Walk the Halls with  
Music  
11:00-Devotion  
1:00- Nutrition Class  
with Cocke County UT  
Extension Office  
2:00- Social Hour

### Wednesday, December 6

11:00-Devotion  
11:15- Games and Music  
1:00-Nutrition Class  
with Cocke County UT  
Extension Office  
2:00- Social Hour

### Thursday, December 7

11:00-Devotion  
11:30- Pearl Harbor Day  
Trivia and Discussion  
1:00- Bingo  
2:00- Discussion of  
Christmases of the past

### Friday, December 8

10:00- Devotion with Kathy  
10:30- Stretching and chair  
exercises  
1:00-Craft Day  
3:00-Movie Hour

### Saturday, December 9

10:00- Devotion with Mike  
Sutherland  
11:30-Trivia & Exercise  
1:00- Bingo  
3:00-Gospel Music

### Sunday, December 10

10:00- Morning Yoga  
11:00- Morning Inspiration  
11:15-Music and Games  
1:00- Balloon Pets  
6:00-Southside Baptist

### Monday, December 11

10:00-Devotion  
10:30- Outdoor walk  
1:00- Family Tea Time/Music  
2:00- Movie Hour

### Tuesday, December 12

10:00- Devotion  
11:00- Craft  
1:00- The Browns Christmas  
Performance  
2:30-Trivia

### Wednesday, December 13

11:00-Devotion with Dan Hill  
11:30-Christmas Trivia  
1:00- Santa and Elves Visit

### Thursday,

### December 14

11:00- Devotions  
11:30-Raffle at Lunch  
1:00- Bingo with Karen  
2:00- Bingo with Judy

### Friday, December 15

11:00-Devotion  
11:30-Yoga and Stretching  
1:00- Santa's Workshop  
2:00-Santa's Workshop

### Saturday, December 16

11:00- Morning Devotion  
11:30- Trivia & Price is Right  
1:00-Croquet in Hall  
2:00-Paul Indelicato  
Christmas Performance

### Sunday, December 17

11:00- Devotion & Exercise  
Hour  
11:30- Family Feud  
1:00- Book Share  
2:00- Decorate Poinsettas

### Monday, December 18

10:00- Devotion  
11:30- Drop Prize Game  
1:00- Penny Auction  
5:30- Christmas Lights  
Outing

### Tuesday, December 19

11:00-Devotion  
11:30-Price is Right  
1:00- Christmas Craft  
2:00-Social Hour

### Wednesday, December 20

11:00- Devotion  
1:00- Current Events on IN2L  
1:30- Piano with Rick LeBeau

### Thursday,

### December 21

10:00- Devotion  
11:00- Game Hour and  
Exercise  
1:00-Virtual Tour of Cuba  
2:00- Ping Pong In the Hall

### Friday, December 22

10:00-Devotion  
11:00- Name that Tune  
1:00- Puzzles and Checkers  
2:00- Penny Auction

### Saturday, December 23

10:00- Devotion with Mike  
Sutherland  
11:00- Crossword Games  
1:00- Music  
2:00- Bowling

### Sunday, December 24

10:00- Morning Devotion  
11:00- Exercise  
1:00- Which Doesn't Belong  
Trivia  
2:00- Movie in the TV Room-  
Christmas movie

### Monday, December 25

10:00- Christmas morning  
Devotion  
11:00- Visit with Santa  
1:00- Craft  
2:00- Singing & Games  
3:00- Trivia

### Tuesday, December 26

10:00- Devotion  
11:00-Chair and Drum  
Exercises  
1:00- Balloon Toss  
3:00- Music and Games

### Wednesday, December 27

11:00- Walking the Halls with  
Music  
11:30- Devotion  
1:00- Trivia & Family Feud  
2:00- Craft with Cindy

### Thursday, December 28

10:00- Devotion  
11:00- Social Hour  
1:00- Manicures  
2:00-Book Reading

### Friday, December 29

10:00- Devotion  
11:00- Walk the Halls  
1:00- New Year's Eve Party  
2:00- New Year's Eve Party

### Saturday, December 30

10:00- Crossword Game  
10:30- Puzzles and Coloring  
11:00- Devotion & Exercise  
1:00- Classic Movie  
2:00- Craft

### Sunday, December 31

10:30-New Year's Eve Trivia  
11:00-Devotion  
11:15-Music and Games  
1:30-Social Hour and Exercise

